

Results of the “JILPT Panel Survey on the Impact of
COVID-19 on Work and Daily Life”
(June 2021 Survey, 5th wave)

Screening survey

QS1 What is your sex?

(Select one)

1. Male
2. Female

QS2 What is your age as of April 1 of this year (2021)?

1. I am years old.

QS3 Did all of the following requisite conditions apply to you on April 1 of last year (2020)?

(Select one for each)

===== Items =====

1. I lived in Japan.
2. I was a company employee (i.e., a regular employee [excluding executive], or was a self-employed worker [including pieceworker; excluding that in agriculture, forestry, and fishery]).

===== Options =====

1. Yes
2. No

QS4 targets respondents who answered “20 to 64” (years old) and selected “1. Yes” for both

1 and 2 on QS3. For respondents who selected “2. No” for any of the items end this survey.

QS4 Please indicate the region in which you were living as of April 1 of last year (2020).

(Select one)

1. Hokkaido
2. Aomori Prefecture
3. Iwate Prefecture
4. Miyagi Prefecture
5. Akita Prefecture
6. Yamagata Prefecture
7. Fukushima Prefecture
8. Ibaraki Prefecture
9. Tochigi Prefecture
10. Gunma Prefecture
11. Saitama Prefecture
12. Chiba Prefecture
13. Tokyo
14. Kanagawa Prefecture
15. Niigata Prefecture
16. Toyama Prefecture
17. Ishikawa Prefecture
18. Fukui Prefecture
19. Yamanashi Prefecture
20. Nagano Prefecture
21. Gifu Prefecture
22. Shizuoka Prefecture
23. Aichi Prefecture
24. Mie Prefecture
25. Shiga Prefecture
26. Kyoto Prefecture
27. Osaka Prefecture

28. Hyogo Prefecture
29. Nara Prefecture
30. Wakayama Prefecture
31. Tottori Prefecture
32. Shimane Prefecture
33. Okayama Prefecture
34. Hiroshima Prefecture
35. Yamaguchi Prefecture
36. Tokushima Prefecture
37. Kagawa Prefecture
38. Ehime Prefecture
39. Kochi Prefecture
40. Fukuoka Prefecture
41. Saga Prefecture
42. Nagasaki Prefecture
43. Kumamoto Prefecture
44. Oita Prefecture
45. Miyazaki Prefecture
46. Kagoshima Prefecture
47. Okinawa Prefecture
48. Outside of Japan

QS5 targets respondents who selected one from 1 to 47. Respondents who selected “48. Outside of Japan” end this survey.

QS5 What type of employment or working status did you have at each of the following points in time?

(Select one for each)

* “Self-employed” refers to sole proprietor, freelance worker, self-employed professional, cloud worker, staff of Silver Human Resources Centers, or other similar type of self-employment.

===== Items =====

1. As of March 1, 2020
2. As of April 1, 2020
3. As of May 31, 2020
4. As of June 30, 2020
5. As of July 31, 2020
6. As of August 31, 2020
7. As of September 30, 2020
8. As of October 31, 2020
9. As of November 30, 2020
10. As of December 31, 2020
11. As of January 31, 2021
12. As of February 28, 2021

===== Options =====

1. Regular employee (excluding executives)
2. Part-time worker
3. *Arbeit* (temporary worker)
4. Contract worker
5. Dispatched worker
6. *Shokutaku* (entrusted worker)
7. Self-employed* or piecework
8. Assisting with family business
9. Other jobs. Specify:___
10. Not working and looking for a job
11. Not working and not looking for a job

From QS5 onward, respondents who selected 1 to 6 on QS5_2 are indicated as [employee] and those who selected 7 as [self-employed or pieceworker].

QS6 targets respondents who selected [self-employed or pieceworker] on QS5_2.

QS6 As of April 1, 2020, were you a “shop owner or manager” who had your own store and sold merchandise or services or served food/drinks? And were you an employer who employed employees?

(Select one for each)

=====
Items
=====

1. Were you a shop owner or manager?
2. Did you employ employees?

=====
Options
=====

1. Yes
2. No

From S6 onward, respondents who selected “2. No” for both 1 and 2 on QS6 are indicated as [freelance worker]. For respondents who selected “1. Yes” for any of the items end this survey.

QS7 targets respondents who are [employee].

QS7 What was the main type of business (industry) of your employer as of April 1 of last year (2020)?

(Select one)

*If you were a dispatched worker, answer with regard to the company, etc., to which you were dispatched.

1. Construction
2. Manufacturing
3. Electricity, gas, heat supply, and water
4. Information and communications
5. Transport
6. Wholesale and retail trade
7. Finance and insurance

8. Real estate
9. Eating and drinking places, accommodations
10. Medical, health care and welfare
11. Education, learning support
12. Postal services, cooperative associations
13. Services
14. Other type of business
15. Do not know

QS8 targets respondents who are [employee].

QS8 What was the total number of employees at the company at which you were employed as of April 1 of last year (2020)?

(Select one)

*If you were a dispatched worker, answer with regard to the company, etc., to which you were dispatched.

1. 9 employees or fewer
2. 10 to 29 employees
3. 30 to 99 employees
4. 100 to 299 employees
5. 300 to 499 employees
6. 500 to 999 employees
7. 1,000 to 2,999 employees
8. 3,000 or more employees
9. Do not know

QS9 targets respondents who are [employee].

QS9 What was the main occupational classification in which you were engaged at your employer as of April 1 of last year (2020)?

(Select one)

1. Administrative or managerial worker (section manager level or higher)
2. Professional or engineering worker
3. Clerical worker
4. Sales worker
5. Service worker
6. Security worker
7. Manufacturing process worker
8. Transport or machine operation worker
9. Construction or mining worker
10. Carrying, cleaning, or packaging worker
11. Others. Specify: ____
12. Do not know

<Occupational classification and occupation examples>

Manager

Examples: Section manager, department manager, branch manager, plant manager, etc.

Professional or engineering worker

Examples: Scientific researcher, mechanical or electrical engineer, first-class registered architect, programmer, systems engineer, physician, pharmacist, registered nurse (assistant nurse), nutritionist, welfare counselor, childcare worker, nursing care counselor, certified public accountant, tax accountant, instructor, reporter, editor, designer, photographer, stenographer, etc.

Clerical worker

Examples: General clerk, bank teller, travel agent counter attendant, information desk attendant, reception desk attendant, bill collector, meter reader, operator, expressway tollbooth attendant, railway ticket examiner, etc.

Sales worker

Examples: Salesclerk in a general store, convenience store, supermarket, department store, etc.; cashier; door-to-door salesperson; insurance salesperson; bank salesperson; supermarket manager; newspaper salesperson; real estate agent; etc.

Service worker

Examples: Barber/hairdresser, cleaning worker, cook, waiter/waitress, attendant, home helper, babysitter, parking lot/building manager, dormitory superintendent, tour conductor, rental video shop employee, advertising leaflet distributor, etc.

Security worker

Examples: Guard, security guard, watchman, construction site guide, etc.

Manufacturing process worker

Examples: Production equipment controller/monitor, machine assembly equipment controller/monitor, product manufacturing/processing worker, machine assembly worker, machine repairperson, automobile mechanic, product inspector, etc.

Transport or machine operation worker

Examples: Train driver, bus driver, commercial passenger vehicle driver, truck driver, ship's captain, navigation officer/watch officer, harbor pilot, ship's chief engineer/engineer, aircraft pilot, etc.

Construction or mining worker

Examples: Molding box carpenter, scaffolding worker, steel reinforcement worker, bricklayer, block and tile laying worker, roofing worker, plasterer, tatami worker, pipe laying worker, power line worker, telephone line worker, telecommunications aerial line worker, telegraphic equipment installer, electric construction worker, civil engineering worker, mine worker, stonecutter, gravel quarry worker, etc.

Carrying, cleaning, or packaging worker

Examples: Mail and telegram collection and delivery worker, onboard and quayside cargo handler, land-based cargo handling and carrying worker, warehouse worker, delivery worker, packing worker, cleaning worker, packaging worker, etc.

Others

Examples: Agricultural, forestry, or fishery worker; occupational classification not mentioned in the above options.

QS9_1 targets respondents who are [freelance worker].

QS9_1 What was the main occupational classification of your work (business activity) as of April 1 of last year (2020)?

(Select one)

1. Professional or engineering worker
2. Clerical worker
3. Sales worker
4. Service worker
5. Security worker
6. Manufacturing process worker
7. Transport or machine operation worker
8. Construction or mining worker
9. Carrying, cleaning, or packaging worker
10. Others. Specify: ____
11. Do not know

<Occupational classification and occupation examples>

Professional or engineering worker

Examples: Scientific researcher, mechanical or electrical engineer, first-class registered architect, programmer, systems engineer, physician, pharmacist, registered nurse (assistant nurse), nutritionist, welfare counselor, childcare worker, nursing care counselor, certified public accountant, tax accountant, instructor, reporter, editor, designer, photographer, stenographer, etc.

Clerical worker

Examples: General clerk, bank teller, travel agent counter attendant, information desk attendant, reception desk attendant, bill collector, meter reader, operator, expressway tollbooth attendant, railway ticket examiner, etc.

Sales worker

Examples: Salesclerk in a general store, convenience store, supermarket, department store, etc.; cashier; door-to-door salesperson; insurance salesperson; bank salesperson; supermarket manager; newspaper salesperson; real estate agent; etc.

Service worker

Examples: Barber/hairdresser, cleaning worker, cook, waiter/waitress, attendant, home helper, babysitter, parking lot/building manager, dormitory superintendent, tour conductor, rental video shop employee, advertising leaflet distributor, etc.

Security worker

Examples: Guard, security guard, watchman, construction site guide, etc.

Manufacturing process worker

Examples: Production equipment controller/monitor, machine assembly equipment controller/monitor, product manufacturing/processing worker, machine assembly worker, machine repairperson, automobile mechanic, product inspector, etc.

Transport or machine operation worker

Examples: Train driver, bus driver, commercial passenger vehicle driver, truck driver, ship's captain, navigation officer/watch officer, harbor pilot, ship's chief engineer/engineer, aircraft pilot, etc.

Construction or mining worker

Examples: Molding box carpenter, scaffolding worker, steel reinforcement worker, bricklayer, block and tile laying worker, roofing worker, plasterer, tatami worker, pipe laying worker, power line worker, telephone line worker, telecommunications aerial line worker, telegraphic equipment installer, electric construction worker, civil engineering worker, mine worker, stonecutter, gravel quarry worker, etc.

Carrying, cleaning, or packaging worker

Examples: Mail and telegram collection and delivery worker, onboard and quayside cargo handler, land-based cargo handling and carrying worker, warehouse worker, delivery worker, packing worker, cleaning worker, packaging worker, etc.

Others

Examples: Agricultural, forestry, or fishery worker; occupational classification not mentioned in the above options

Main survey

Q1 What type of employment or working status did you have at each of the following points in time?

(Select one for each)

* “Self-employed” refers to sole proprietor, freelance worker, self-employed professional, cloud worker, “elderly human resource,” or other similar type of self-employment.

===== Items =====

1. As of March 31 of last year (2020)
2. As of April 30 of this year (2021)
3. As of May 31 of this year (2021)
4. At the present time

===== Options =====

1. Regular employee (excluding executives)
2. Part-time worker
3. *Arbeit* (temporary worker)
4. Contract worker
5. Dispatched worker
6. *Shokutaku* (entrusted worker)
7. Self-employed* or piecework
8. Assisting with family business
9. Other jobs. Specify:___
10. Not working and was looking for a job (am looking for a job)
11. Not working and was not looking for a job (am not looking for a job)

Q2 targets respondents who selected 1 to 11 on Q1_4.

Q2 Have you changed the job since April 2 of last year (2020) to the present time?

(If so, select one)

1. No, I have not changed the job (I continue working for the same company as the one I worked for as of April 1 of last year (2020))
2. Yes, I have changed the job (I am working for the different company from the one I worked for as of April 1 of last year (2020))
 - ⇒ I joined the different company on ____ (month), ____ (year)
 - ⇒ *From here onward, please answer the questions about the working situation etc., for “the company where you worked (are working) at each of the points”

Q3_1 targets respondents who are [employee].

Q3_1 Since the outbreak of the COVID-19 pandemic to the present time, did you experience any COVID-19-associated impacts on your employment or income?
(Select one)

1. There was a major impact
2. There was some degree of impact
3. There was not much impact
4. There was no impact at all
5. Do not know

Q3_2 targets respondents who are [freelance worker].

Q3_2 Since the outbreak of the COVID-19 pandemic to the present time, did you experience any COVID-19-associated impacts on your work (business activity) or income?
(Select one)

1. There was a major impact
2. There was some degree of impact
3. There was not much impact
4. There was no impact at all
5. Do not know

Q4 targets respondents who selected 1 to 3 on Q3_1

Q4 Please select all among the following items that describe specific COVID-19-associated impacts on you.

(Select all that apply)

1. Dismissal from company
2. Termination at the end of contract period
3. Unemployment as a result of employer's business suspension/discontinuation or bankruptcy
4. Change of type of employment
5. Change in job content
6. Decreased number of workdays and working hours (including business suspension)
7. Increased number of workdays and working hours
8. Decreased income
9. Increased income
10. Voluntary retirement
11. None of the above applies to my situation. Specify: ____
12. Do not want to answer

Q5 targets respondents who are [employee].

Q5 Approximately how many hours did you spend actually working (including overtime) per week at each of the following points in time?

(Select one for each)

===== Items =====

1. Actual weekly working hours of the fourth week of March (March 21-27) of this year (2021)
2. Actual weekly working hours of the fourth week of April (April 18-24) of this year (2021)
3. Actual weekly working hours of the fourth week of May (May 16-22) of this year (2021)

4. Actual weekly working hours of the latest week of June (June 17-23) of this year (2021)

===== Options =====

1. 0 hours (not working)
2. Fewer than 15 hours
3. At least 15 hours but under 20 hours
4. At least 20 hours but under 25 hours
5. At least 25 hours but under 30 hours
6. At least 30 hours but under 35 hours
7. At least 35 hours but under 40 hours
8. At least 40 hours but under 45 hours
9. At least 45 hours but under 50 hours
10. At least 50 hours but under 55 hours
11. At least 55 hours but under 60 hours
12. At least 60 hours

Q6 targets respondents who are [employee].

Q6 What was your monthly pre-tax income at each of the following points in time?
(Select one for each)

===== Items =====

1. Monthly income for work done in March this year (2021)
2. Monthly income for work done in April this year (2021)
3. Monthly income for work done in May this year (2021)

===== Options =====

1. None
2. Less than 50,000 yen
3. 50,000 yen to less than 100,000 yen
4. 100,000 yen to less than 150,000 yen
5. 150,000 yen to less than 200,000 yen

6. 200,000 yen to less than 250,000 yen
7. 250,000 yen to less than 300,000 yen
8. 300,000 yen to less than 350,000 yen
9. 350,000 yen to less than 400,000 yen
10. 400,000 yen to less than 450,000 yen
11. 450,000 yen to less than 500,000 yen
12. At least 500,000 yen
13. Do not want to answer

Q7 targets respondents who are [employee] and who selected 1 to 6 on Q1_4.

Q7 How does your most recent monthly income compare to what your original (normal) monthly income was before the emergence of the COVID-19 problem?

(Select one)

*Refers only the income earned by working.

It decreased

1. About 10 to 20%
2. About 30 to 40%
3. About 50 to 60%
4. About 70 to 80%
5. About 90% or more

Increased

6. About 10 to 20%
7. About 30 to 40%
8. 50% or more
9. Roughly the same (change of less than 10%)

Q8 targets respondents who are [employee] and who selected 1 to 6 on Q1_4.

Q8 Please answer the prospect of summer bonus (special allowance).

(Select one)

1. Will be paid last year (2020) and this year (2021) as well.
2. Paid last year but no payment this year
3. Paid last year but undecided/not sure this year
4. No payment last year but will be paid this year
5. No payment last year or this year
6. No payment last year, undecided/not sure this year

Q9 If you answered "Paid last year (2020) and this year (2021) as well" in Q8, please answer the following questions.

Compared to the amount of the bonus last year, how was (will be) the amount of this year's summer bonus (special allowance)?

(Select one)

It decreased (will decrease)

1. About 10 to 20 %
2. About 30 to 40 %
3. About 50 to 60 %
4. About 70 % to 80 %
5. About 90 % or more

Increased (will increase)

6. About 10 to 20%
7. About 30 to 40 %
8. About 50 % or more
9. Roughly the same (change of less than 10%)
10. Undecided/not sure this year

Q10 targets respondents who are [employee].

Q10 Did (Is) the company (e.g., office, factory, or shop) you work for take (taking) any of

the following measures based on a request from the national or local government or voluntarily?

(Select all that apply for each)

===== Items =====

1. All the measures taken after the COVID-19 outbreak until the present time
2. Measures still in place as of now

===== Options =====

1. Suspension of business (e.g., shutdown, closure, etc.) or increase of non-business days
2. Shortening business hours
3. Temporary layoff
4. Reducing number of workdays (ex.: two-day work weeks on alternating shifts, etc.)
5. Encouraging the taking of paid holidays
6. Implementing work from home/telecommuting
7. Change of work location (e.g., to a satellite office, etc.)
8. Change of commuting method (e.g., limitation on use of public transport, etc.)
9. Staggering working hours
10. Reduction of work
11. Using teleconferencing
12. Canceling/restricting business trips
13. Suspension or cancellation of transfers to different locations
14. Dispatch to other companies
15. Cancellation of, or refraining from participation in, events, meetings, conferences, social gatherings, etc.
16. Appropriate measures for people showing symptoms such as cough, fever, etc. (granting of special leave, suspension from work, etc.)
17. Use and distribution of masks, alcohol disinfectant and face shields
18. Others. Specify: _____
19. No measures in particular

Q11 targets respondents who selected 6 on Q10_1.

Q11 How many days per week did you engage in “working from home/teleworking” at each of the following points in time?

(Select one for each)

===== Items =====

1. Working days from home per week in the fourth week of March (March 21-27), 2021
2. Working days from home per week in the fourth week of April (April 18-24), 2021
3. Working days from home per week in the fourth week of May (May 16-22), 2021
4. Working days from home per week in the latest week of June (June 17-23), 2021

===== Options =====

1. 1 or 2 days
2. 3 days
3. 4 days
4. 5 (or more) days
5. None

Q12 targets respondents who are [employee] and who selected 1 to 6 on Q1_4.

Q12 Please answer about your current intention to change jobs.

(Select one)

*Changing jobs includes changing it to self-employed.

1. I have wanted to change jobs for some time and currently looking for a job
2. I have wanted to change jobs for some time but I have not started look for a job (yet)
3. I don't consider changing jobs

Q13 targets respondents who are [freelance worker] and who selected 1 to 3 on Q3_2.

Q13 Please select all among the following items that describe specific COVID-19-associated impacts on you.

(Select all that apply)

===== Items =====

1. All the impacts you experienced since the outbreak of the COVID-19 pandemic to the present time
2. The continuous impacts among the above as of now

===== Options =====

1. Impact on business performance (decrease in net sales/income)
2. Impact on business performance (increase in net sales/income)
3. Cancellation or postponement of ordered jobs
4. Suppression or suspension of business activity (production, sales, service)
5. Deterioration in relationships with business partners (due to refraining from entertaining business partners, delays in deliveries, etc.)
6. Reduction or loss of new orders or customers
7. Increase in new orders or customers
8. Suspension/scaling back of business or bankruptcy of client
9. Difficulty in procuring products or materials due to distribution congestion/stoppage and rise in purchase price
10. Responding to delays in deliveries/work periods
11. Difficulty moving as a result of prohibition of overseas travel, order to return to Japan, or request to refrain from going outside
12. Closure of offices and changes in work location due to difficulty in paying rent
13. Deteriorating cash flow, facing potential business closures
14. Increase in burden of dealing with work from home/telecommuting by client
15. Balancing/adjusting daily life with work as a result of “school closures,” “staggered school attendance,” and “shortened school attendance” etc.
16. Increased burden of sanitary management, such as infection prevention
17. Others. Specify:____
18. Nothing in particular

Q14 targets respondents who are [freelance worker].

Q14 What were your approximate actual working hours per week (including overtime) at each of the following points in time?

(Select one for each)

===== Items =====

1. Actual working hours per week in the fourth week of March (March 21-27) this year (2021)
2. Actual working hours per week in the fourth week of April (April 18-24) this year (2021)
3. Actual working hours per week in the fourth week of May (May 16-22)
4. Actual working hours per week in the latest week of June (June 17-23)

===== Options =====

1. 0 hours (not working)
2. Fewer than 15 hours
3. At least 15 hours but under 20 hours
4. At least 20 hours but under 25 hours
5. At least 25 hours but under 30 hours
6. At least 30 hours but under 35 hours
7. At least 35 hours but under 40 hours
8. At least 40 hours but under 45 hours
9. At least 45 hours but under 50 hours
10. At least 50 hours but under 55 hours
11. At least 55 hours but under 60 hours
12. At least 60 hours

Q15 targets respondents who are [freelance worker].

Q15 What happened to your March to May sales from your work (business activity) as a result of the effects of COVID-19 (including the postponement of the Tokyo Olympic and Paralympic Games)? Please answer by considering your sales for a normal month prior to the emergence of the COVID-19 problem to be “100.”

Entry examples:

When April sales were 20% less than the normal month ⇒ Enter 80

When April sales were 15% more than the normal month ⇒ Enter 115

Sales for a normal month prior to the emergence of the COVID-19 problem=100

1. Sales for March
2. Sales for April
3. Sales for May

Q16 Please answer your educational attainment.

(Select one)

Currently at school

1. High school
2. Vocational or other school
3. Junior college or technical college
4. Four-year university
5. Graduate school

Graduated from

6. Junior high school
7. High school
8. Vocational or other school
9. Junior college or technical college
10. Four-year university
11. Graduate school

Q17 Please indicate your marital status (including common-law marriage) as of now?

(Select one)

1. Married (with spouse)

2. Married (separated or bereaved)
3. Unmarried

Q18 Do you have a child or older family who is supported by the same livelihood as you as of now?

(Select one)

1. Yes
2. No

Q18_1 Please respond if you answered “Yes” to Q18. What is the age of the youngest child who is supported by the same livelihood?

(Enter numbers)

1. The youngest child is __ years old.

Q19 Who is the main breadwinner of your household as of now?

(Select one)

1. I
2. My (former) spouse (husband or wife)
3. My parent
4. My child
5. Others. Specify:___

Q20 Please answer your annual income (including tax) for last year (January 1 to December 31, 2020) for the following.

* Exclude temporary income such as retirement benefits and proceeds from sales of land but include pensions.

(Select one for each)

===== Items =====

1. Your own annual income
2. Annual income of the husband and wife (Total income of yourself and the spouse)
3. Annual income of entire household (Total income of all members of the household)

===== Options =====

1. None
2. Less than 1 million yen
3. 1 million to less than 2 million yen
4. 2 million to less than 3 million yen
5. 3 million to less than 4 million yen
6. 4 million to less than 5 million yen
7. 5 million to less than 6 million yen
8. 6 million to less than 7 million yen
9. 7 million to less than 8 million yen
10. 8 million to less than 9 million yen
11. 9 million to less than 10 million yen
12. 10 million to less than 12 million yen
13. 12 million to less than 15 million yen
14. 15 million to less than 20 million yen
15. At least 20 million yen
16. Do not know

Q21 Which of the following applies to your household income and expenditures over the last three months (March to May 2021)?

(Select one)

1. Well in the black (income significantly exceeds expenditures)
2. Somewhat in the black (income somewhat exceeds expenditures)
3. Income and expenditures equal
4. Somewhat in the red (expenditures somewhat exceed income)
5. Deep in the red (expenditures far exceed income)
6. Do not know

Q22 Please answer the tendency of increase and decrease of your household's income and expenditures of the following over the last three months (March to May 2021).

(Select one for each)

===== Items =====

1. Earned income (which was earned from working) *including a second job
2. Consumption expenditure (total amount)
3. (Among the consumption expenditure) Food expenses
4. (Among the consumption expenditure) Housing expenses (rent etc.)
5. (Among the consumption expenditure) Clothing expenses
6. (Among the consumption expenditure) Education expenses
7. (Among the consumption expenditure) Culture and recreation expenses
8. Deposits and insurance balances

===== Options =====

1. Very increased
2. Somewhat increased
3. No increase or decrease
4. Somewhat decreased
5. Very decreased

Q23 How do you think will the way of living of your household as a whole become from now on?

(Select one)

1. Will improve considerably
2. Will somewhat improve
3. Will be the same
4. Will somewhat deteriorate
5. Will deteriorate considerably

6. Cannot say either/No idea

Q24 Have you or anyone around you had COVID-19 infection since its outbreak to the present time?

(Select all that apply)

1. I myself had COVID-19
2. My family who live with me or live near me had COVID-19
3. My colleague or the employee of the same company I work for had COVID-19
4. Besides the above, people around me (friend, neighbor, client etc.) had COVID-19
5. No one around me or I had COVID-19
6. Do not want to answer

Q25 Do you currently have an illness, injury, disability or a chronic illness with high risk of severe COVID-19 infection which requires regular hospital visits?

(Select one)

1. Yes
2. No

Q26 How often did you feel the following feeling in the last one month?

(Select one for each)

===== Items =====

1. I was oversensitive
2. I was hopeless
3. I was nervous and unsettled
4. I was depressed and felt like nothing that happened was going to make me feel better
5. I felt that it was hard to do anything
6. I felt that I was worthless

===== Options =====

1. Always
2. Usually
3. Sometimes
4. A little bit
5. Not at all

Q27 How much do you feel anxiety for the following at the present time?

(Select one for each)

===== Items =====

1. Inability to see when infections will abate
2. My own infection
3. Difficulty in daily life associated with decreased income
4. Loss of job or work over the next year or so
5. Bankruptcy of the company you work for
6. Deterioration in economic conditions

===== Options =====

1. Very anxious
2. Somewhat anxious
3. Not very anxious
4. Not anxious at all
5. Do not know

Q28_1 How would you describe your level of satisfaction with work?

(Select one for each)

===== Items =====

1. Before COVID-19 outbreak
2. Present time

===== Options =====

1. Very satisfied

2. Somewhat satisfied
3. Cannot say either
4. Somewhat dissatisfied
5. Very dissatisfied

Q28_2 How would you describe your level of satisfaction with life?

(Select one for each)

===== Items =====

1. Before COVID-19 outbreak
2. Present time

===== Options =====

1. Very satisfied
2. Somewhat satisfied
3. Cannot say either
4. Somewhat dissatisfied
5. Very dissatisfied

Q29 How do you think is your household's living standard in comparison to the general public?

(Select one)

1. Upper
2. Above average
3. Intermediate
4. Below average
5. Lower
6. Do not know

Q30 How did your household's living standard change in comparison to the one before the COVID-19 pandemic?

(Select one)

Compared to before the COVID-19 pandemic

1. Considerably improved
2. Somewhat improved
3. Same as before
4. Somewhat deteriorated
5. Considerably deteriorated

Q31 Please answer about your intention etc. for vaccination of COVID-19 infection.

(Select one)

1. Already vaccinated (more than once)
2. Have not been vaccinated and want to get it as soon as possible
3. Have not been vaccinated and want to get it in future but not in hurry
4. Have not been vaccinated but not sure about the future including a possibility of not getting it
5. Have not been vaccinated and do not want to get it in future as well
6. Cannot say either/No idea

Q32 Are there any activities you are refraining from (cancelling or postponing etc.) now in accordance with the COVID-19 pandemic?

(Select all that apply)

1. Travel or leisure
2. Visiting the parents' home or hometown
3. Eating out
4. Sports
5. Hobby/Entertainment (Activities of hobby, watching movies or sports games, going to the concert, etc.)
6. Shopping
7. Joining the social activity (Community events or volunteer work, etc.)
8. Going to the office or business trip
9. Dinner or get-togethers with company colleagues, etc.

10. Socializing with friends
11. Going back to work or career change
12. Culture/Self-enlightenment (study, lesson, etc.)
13. Marriage (including wedding ceremony), pregnancy/child birth
14. Divorce, separation/independence
15. Memorial service, socializing with the relatives
16. Treatment of illness or injury, hospitalization, surgery
17. Others. Specify: ____
18. Nothing in particular

Q33 How would you like to work after the COVID-19 is under control?
(Select one)

1. I would like to work more than I did before the COVID-19 pandemic
2. Same as before the COVID-19 (I want to go back to the way I did before)
3. I would like to work less than before the COVID-19 pandemic
4. I do not want to work for a while (I want to start working again in future)
5. I do not want to work at all

Q33_1 targets respondents who selected 6 on Q10_1 and 1 to 3 on Q33.

Q33_1 Do you like to telework after COVID-19 is under control?
(Select one)

*Regardless of the company policy, please answer your own preference.

1. Basically teleworking (almost 100% is telework)
2. Mainly teleworking (more than 50 % is telework)
3. Mainly going to the office (more than 50 % is going to the office)
4. Basically going to the office (almost 100% is going to the office)
5. Do not know

Q34 Please answer about the change of your thinking. Have the following

matters become important for yourself compared to before the COVID-19 pandemic?

(Select one for each)

===== Items =====

1. Stability of employment, job and income
2. Environment to change jobs easily
3. Compensation system in accordance with results and performances
4. Opportunities to receive the education training (outside of the workplace)
5. Clarity of the job description (job)
6. Environment to do the side job/dual job
7. Savings and insurance/asset for the future
8. Health of myself and family
9. Marriage or family making
10. Enhancement of daily life
11. Cutting back or saving money in the household

===== Options =====

1. The importance has increased significantly
2. The importance has somewhat increased
3. Same as before
4. The importance has somewhat decreased
5. The importance has decreased significantly

Q35 Do you agree with the following policies or oppose to them

(Select one for each)

===== Items =====

1. Financial support to those who are struggling to make ends meet due to income decrease etc. because of COVID-19 pandemic
2. Subsidies for employers to keep the employment

3. Request to shorten the opening hours or temporary close to the stores (restaurants and shopping building, etc.) with penalty
4. Setting the target number of decreasing the number of people coming to the office (by ensuring the telework, etc.)
5. Request to change the behaviors in daily life (refrain from going out, refrain from transferring, etc.)
6. Prioritize the measures to prevent the infection expansion by limiting the economic activities
7. Government's utilization of personal information for the measures to prevent the infection expansion

===== Options =====

1. Agree
2. Agree to some extent
3. Cannot say either
4. Oppose to some extent
5. Oppose
6. Do not know